

Rosemary heart

Yarn quantity/colour:

Anchor Stranded Cotton, worked with 2 strands, 1 skein each #43, 246, 875, 876, 877, 894, 1020, 1027 and 1076

Stitch technique: Cross stitch worked over 2 fabric threads each way, backstitch.

Fabric: approx. 25 x 60 cm white evenweave linen (112 threads/10 cm), cut out 2 rectangles each 25 x 30 cm

Notions: 1 reel matching Coats sewing thread, 80 cm matching satin ribbon 10 mm wide, and wadding (available from suppliers).

Size of motif: approx. 10 x 17 cm

Finished size: approx. 15 x 25 cm

All you need to do: Neaten all raw edges with zigzag stitch. Only the front is embroidered. Press the fabric in half to find the centre line and embroider following the chart. When the embroidery is complete, press the fabric lightly from the wrong side to make the stitching more flexible. Place the two rectangles right sides facing and stitch together 3 cm away from the embroidery (in a heart shape), leaving a small opening. Trim the fabric to 1 cm all around and press the seam open. Now carefully clip small notches from the seam allowance around the curved edges, then turn the heart through, fill with wadding and close the opening with small stitches. Finally, attach the ribbon for hanging. If you wish, you can replace the back of the heart with a matching cotton fabric.



Anchor


