

How To Make A Fabric Flower

Difficulty Level



Materials

FREE SPIRIT Lifestyle Fabrics by Coats

Two selections of matching fabrics, each 10" x 14" (25 x 35 cm)

Fabric A: To work the petals

Fabric B: To work the flower center

THREAD:

Matching thread Coats Duet No. 4645100 or

Coats Nylbond extra strong No. 4505060

Compass, cardboard, fine felt pen, scissors, long sharp sewing needle

Instructions

MAKING THE TEMPLATES

Using a compass, draw circle A 4¼" (11 cm) and circle B 3 ½" (9 cm)-diameter on the cardboard and cut out accurately.

CUTTING

To mark the fabric with the templates, draw around the templates with the felt pen on the wrong side of fabric and cut out the circle. Cut out 6 x A and 2 x B fabric circles.

MAKING THE FLOWER

PETALS:

Fold the fabric A circles onto a ¼ circle. First, fold in half wrong sides together, then again in half.

Fingernail press the folds. Use a long thread 16" (40 cm). Knot thread. Hand-sew small running stitches through the four layers along the raw edges of one petal piece.

Pull thread together. Continue on with same thread adding one petal after another.

Join the first petal to the 6th petal, making a circle. Do not cut thread as you may want to adjust the gatherings.

FLOWER CENTER (= YO-YOS)

Using fabric B circles, make two yo-yos. Knot a length of sturdy thread and use short, even running stitches all around the circle. Overlap first and last stitches. Pull thread to gather fabric tightly. Secure with several back stitches.

COMPLETING THE FLOWER

Adjust petal pieces if necessary and secure. Place yo-yos on front and back of petals with the open side down. Appliqué with closely worked slip stitches.



R O W A N

Free Spirit